



Gloucester City Council

# Put Your Best Foot Forward...

## Walking Groups

### 1st Feb 2010 to 30th April 2010

01452 396861 healthwalks@gloucester.gov.uk www.besfootforwardglos.co.uk

Area (Level)	Day & Time	Meet	Contact
Abbeydale (1/2)	Tuesday 10am. First Tuesday of month = 9.45am meet (Country Walk)	Abbeydale Community Centre	Neil (01452) 619815
Abbeymead (1-2) STARTS 3rd MARCH	Wednesday 11am	Turmut Hoer Car Park	Paul (01452) 542516
Alney Island (2)	Thursday 12.30pm	Lock Bridge Gloucester Docks	Chlöe (01452) 396861
Barnwood (1/2)	Thursday 10am	Barnwood Church	Neil (01452) 619815
Barnwood (1/2)	Sunday 10am	Barnwood Sainsbury's	Peter (01452) 372061
Hempsted (1-2)	Tuesday 2pm	Hempsted Cross (Rea Lane)	Don (01452) 524654
Kingsholm (1)	Saturday 10.30am	Hillfield Gardens	Vanessa 07877 071355
Quedgeley (2) ONE OFF WALK	Monday 5th April 11am	The Pilot Inn Car Park	Amanda (01452) 396126
Robinswood Hill (3)	Friday 11am	Reservoir Road Car Park	Edward (01452) 542990

All walks are free and last about an hour.

Level 1: Flat and smooth purposely laid paths (suitable for buggies/wheelchairs).

Level 2: Slightly rough paths. Level 3: Some unlevel, sloping rough paths.

**In adverse weather conditions the walks might be cancelled. Please call or check our website for updates.**

Sports Development  
01452 396861  
www.gloucester.gov.uk



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CITY COUNCIL