

GLoucester PARTNERSHIP UPDATE

Happy New Year and welcome to the January 2011 edition of the Gloucester Partnership Update providing the latest information on what's happening in the Partnership, partner news, knowledge and training.

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Gloucester's City Vision

The first City Vision Workshop was held on the 13th January with 100 people coming to have their say on the city's future....



The event was kindly hosted by GL1 Leisure Centre and consisted of two hours of quick fire discussions on a range of topics.

This is the first phase of the City Vision process. In recent months the working group, made up of executive members and Julian Wain (representing the strategic group), has been collating data, consultations and evidence from a range of sources and have started to pull together topics and issues which are key to the city. This event was designed to present these topics and ask, "Are these the right priorities?" A full report will be available soon but initial indicators suggest that these topics are correct. The next stages will be to pull together the event feedback with the already strong evidence base and start to flesh out what the vision will focus on. The first draft will be ready in May 2011.

'Small changes can make a big difference' say the Community Health Trainers

Many people want to make changes to their lifestyle to improve their health, but it's not always easy to turn good intentions into practice.

This is where the support of an NHS Community Health Trainer can make a real difference.



The Community Health Trainers are local people who have been trained to have the skills to support other local residents to make healthier lifestyle choices, like losing some weight, getting more active or eating healthily. The service is free and confidential, and people can either contact the team directly or be referred via their GP, or other local organisations. Since the service was launched in February 2010, the team have worked with over 130 people, and have helped 90% of them to meet their health goals.

For further information visit <http://www.gloucesterpartnership.org.uk/>

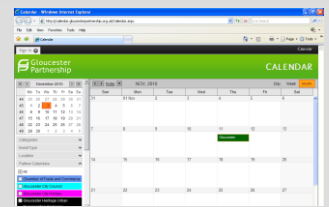
How to contact the Community Health Trainers

For more information on the Community Health Trainers, please call the team on 01452 554408 or e-mail gloshealth.trainers@glos.nhs.uk. You can also drop into the Community Health Trainers office at 88 High Street, Tredworth.

For the latest news on the Community Health Trainers, and details of local activities, like the Gloucester Health Walks visit www.gloshealthtrainers.nhs.uk. The Community Health Trainers service is available to anyone over the age of 18 years living in Gloucester, Cheltenham and Tewkesbury.

Have You Visited the New Partnership Events Calendar?

The new online calendar is now up and running and can be viewed by visiting the Gloucester Partnership website.



Organisations can now show consultation periods, public and private events, conferences, training sessions, information days and various other events. Keep up to date with all this information by visiting the Gloucester Partnership website and clicking on Partnership Calendar. Remember that this will be updated regularly so why not set this page as one of your favourites! <http://calendar.gloucesterpartnership.org.uk/Calendar.aspx>

Update on Sport Relief Mile 21st March 2010

In March 2010 Gloucester City Council hosted the first Sport Relief Mile in Gloucester!



Over 400 participants took part in either the 1, 3 or 6 mile routes around the City Centre taking in the County's assets including the Cathedral and Gloucester Docks. The total amount raised for this event was an amazing **£14,104.86** and considering it was organised in the space of just 5 weeks, giving residents only a short amount of time to raise money, this has certainly made Gloucester a City to be proud of! Sport Relief are also overwhelmed with the considerable amount Gloucester has raised and would already like the City to repeat the event in 2012. Money raised will help disadvantaged children in both the U.K. and overseas.

Visit the Gloucester Partnership website to find out more

www.gloucesterpartnership.org.uk



The Gloucester Partnership is part of the Gloucestershire Conference.

For further information please visit

www.gloucestershire.gov.uk/glosconference

Active and Able Activity classes for over 55's



Come along to an Active and Able class for a fun and sociable session focussing on improving strength, balance and mobility. For further information visit

<http://www.gloucesterpartnership.org.uk/Events.aspx>

Don't have Internet access?



If you don't have access to the Internet then please contact us and we will be able to send you hard copies of any further information you require. Contact: Lorna Robinson, 01452 396983

FORTHCOMING MEETINGS AND EVENTS



Please visit the Gloucester Partnership website [Conferences and Events](#) for a list of meetings and events for 2010/11. If you would like more information on a meeting or event please contact Lorna Robinson, contact details below (unless contact details are given).

Join one of the Gloucester City Health Walks

Spring into action by putting your best foot forward and joining one of the Health Walks in Gloucester. For details of the latest walks programme together with further news and information click [here](#)



The Community Health Trainers also run a Health Walk in Barton & Tredworth. The walk is on the first Tuesday of every month at 9.30am, starting from the office at 88 High Street, Tredworth. The walk is about 2 miles and suitable for buggies and wheelchairs. Walkers do not need to book, just turn up on the day. For more information call the Community Health Trainers office on 01452 554408.

Training



The Gloucester Partnership is a member of the Centre for Local Economic Strategies (CLES) and as part of our membership we receive a number of free places on their training courses.

Click [here](#) for the latest training programme. If you are interested in attending a course that would benefit you and the Partnership, please contact Lorna Robinson, 01452 396983 lorna.robinson@gloucester.gov.uk

Volunteer Health Walks Leader Training 10th March 10.00am-4.00pm



University of Gloucestershire, Oxstalls Campus, Longlevens, Gloucester - Contact: Jan Shaw, Physical Activity Manager at Active Gloucestershire janshaw@activegloucestershire.org Tel: 07984 801334

Other information: The training is free and will involve both theory and practical elements including:

- risk assessments
- how to lead a health walk
- benefits of and barriers to exercise
- information on specific medical conditions
- benefits of the natural environment for health and wellbeing

Free training session Look After your Lungs Tuesday 8th February 2011



NHS Gloucestershire would like to invite people working in the community in Gloucester to attend a half day training session to support local people to 'Look After their Lungs'.

The sessions will be held on **Tuesday 8th February at 9.30am - 12.30pm or 1.30pm – 4.30pm at City Works, Alfred Street, Gloucester GL1 4DF**. The training will be facilitated by the Roy Castle Lung Cancer Foundation and local Lung Cancer Specialist Nurses will be available to answer questions. Lunch and refreshments will be provided.

The training session is part of a campaign launching in Gloucester in February 2011 to promote the Department of Health's National Awareness and Early Diagnosis Initiative for Lung Cancer.

Please see the attached document for more information. **Places are limited** so, if you are interested in attending, please contact sue.cochrane@glos.nhs.uk 08454 221 844; or Claire Procter, Social Marketing Lead Claire.procter@glos.nhs.uk 08454 221 405

THEMATIC GROUP UPDATES

Stronger Communities Group Update: (SCG)

The Stronger group has achieved a great deal under the Financial Inclusion banner and this will continue in February when the Options Sub Group go out on the road again giving Employment/Benefits advice to residents.

Healthy City Partnership: (HCP)

The HCP held a workshop on the 12th January which looked at the future of the group, what layout and format would work best and some key priorities for moving forward. This event also included a 30 minute 'speed dating' networking session which proved really beneficial to the groups members. The results of the workshop will be fed into the City Vision process and help with the group's future direction.

Children & Young People's Action Group (CYPAG)

There are many changes facing Children and Young People's provision in the County/City and this group is looking how some things might be delivered. The Gloucester Play Strategy was adopted by the Executive in November and the group are also looking at re-inventing the Gloucester Youth Forum with the support of the City Council.

For further information contact Lorna Robinson on 01452 396983 or email lorna.robinson@gloucester.gov.uk

Knowledge

"Keeping you informed of the latest developments in partnership working and creating sustainable communities"

The November edition of the Local Government Group Analysis and Research Bulletin is now available:

Please visit http://www.gloucesterpartnership.org.uk/Updates_and_Bulletins.aspx for further details. The Bulletin includes links to:

Local government workforce survey England 2010

This LG Group survey was undertaken in the summer of 2010 and reports on workforce issues including: overall action on workforce issues, leadership development, Investors in People, occupational skills shortages, skills gaps, training expenditure and days, pay and rewards, vacancy rates and turnover.

The low-pay, no-pay cycle: understanding recurrent poverty

This Joseph Rowntree Foundation (JRF) report investigates how and why people become trapped in a long-term cycle of low-paid jobs and unemployment.

Attitudes to pensions: the 2009 survey

A Department for Work and Pensions (DWP) report which explores people's attitudes towards pensions and their expectations for retirement as well as views on other topics related to planning and saving for later life. The findings update and expand on the first Attitudes to Pensions Survey which was conducted in 2006

CLES BRIEFINGS

The Centre for Local Economic Strategies (CLES) has recently produced the following publications:

- **Local Work 103: Green shoots? The potential role of urban agriculture in regenerating our urban areas**
- **Bulletin 79: How do we do local economic development post CSR?**
- **The power of procurement**

To download the full documents together with previous bulletins visit the Gloucester Partnership website:

http://www.gloucesterpartnership.org.uk/Updates_and_Bulletins.aspx

Contact Us!

We would like to hear about any news or events from your organisation that we can include in the next edition of Gloucester Partnership Update. Please contact us using the details below by Friday 11th February 2011. We are also keen to hear any comments you may have about this newsletter:

Gloucester Partnership

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W: www.gloucesterpartnership.org.uk/