

# No Limits Summer Fun



## What is it?

No Limits is a multi sports club offering a variety of sporting activities. Come along and try out some of the following sports: archery, judo, tennis, basketball, football, hockey, athletics.

## Who is it for?

Any child aged 8-16 with a physical or sensory impairment or learning disability, their friends and siblings.

## Where is it?

The No Limits club runs at the University of Gloucestershire, Oxstalls Campus, Gloucester, GL2 9HW.

The sessions will take place in the main sports hall.

## When is it?

Throughout the summer holidays, sessions will be running every Tuesday from 1pm-3pm (27th July, 3rd, 10th, 17th, 24th and 31st August).

## How do I book a place?

To book, or for more information, please contact David Palmer (Inclusion Community Sports Coach) on 01242 715370 or email [dpalmer@glos.ac.uk](mailto:dpalmer@glos.ac.uk)

